

The 3C Bible Journaling Framework

A Guide to Hearing the Living Word

“There is a light that does not fade. You need only to turn your heart toward it.”

You are here because you long to hear from God.

Not just read words, but receive them. Not just study pages, but watch them unfold before you - meeting you in your doubts, your joys, your times of need, your quiet whispers of prayer.

This is the **Living Word**. And to receive it, we do not rush. We pause. We listen.

We open our hearts. That is where the 3C Framework begins.

CLUE The Scripture Will Find You

You may think you have chosen a verse to read, but often, it is the Scripture that chooses you. A phrase, perhaps one you have skimmed past a hundred times, will catch your attention. Something stirs. A whisper in your heart says: Look again.

This is Clue—the moment of discovery.

How to Begin:

- Read slowly. Do not rush. Let your eyes move gently across the passage.
- Pause when something catches your spirit. Perhaps it's a word, a phrase, a question that arises. This is your Clue.
- Underline it. Write it down. Sit with it. God is drawing your attention for a reason.

“You will seek Me and find Me when you search for Me with all your heart.” – Jeremiah 29:13

CONTEMPLATE Let the Word Speak

There is a stillness in reflection, a moment when the words on the page stop being distant and instead begin to speak into your life.

What is God revealing to you? What is stirring within?

How to Reflect:

- Ask: Why this verse? Why now?
- What does this reveal about God? About yourself? About the season you are in?
- Let it take root. This is not about analysis. This is about presence.

“Be still, and know that I am God.” – Psalm 46:10

COMMIT Walk in the Word

A Word received is a light in the darkness. But a **Word lived—that is transformation.**

What will you do with what you have heard?

How to Live It Out:

- Is there a step of faith you are being called to take?
- A habit to change? A prayer to whisper?
- A promise to hold on to?

“Your word is a lamp to my feet and a light to my path.” – Psalm 119:105

Let the Word **deepen your faith** and **take root** in your life.

Explore our [66 Bible Journal Workbooks](#) to grow in every book of the Bible.